



Communication isn't just sharing important facts or letting someone know what you think. It's a great way to **CONNECT** with others, too. Sometimes, it doesn't even matter what you're saying — just getting in touch shows the other person that you've thought of them!



10 WAYS TO CONNECT WITH THE PEOPLE AROUND YOU

1. Take part in a school play or club.
2. Play games with friends.
3. Learn another language.
4. Listen to the radio or a podcast.
5. Play in an orchestra.
6. Send a letter.
7. Share a worry.
8. Learn sign language.
9. Tell a joke.
10. Visit someone.

