

Making a Pomander

In cities, pomanders were often made with oranges, but people living in backwoods communities made do with apples. Here's how to make a pomander.

You'll need:

- newspapers
- a box of whole cloves
- an apple or orange
- 10 mL (2 tsp.) ground cinnamon
- 10 mL (2 tsp.) ground ginger
- a small paper bag
- 2 pieces of yarn or ribbon, each 60 cm (24 in.) long

1. Spread newspapers on a table to keep it clean. Push the stem of one clove into the apple. Push in a second clove next to the first one. Continue until the apple is completely covered.

2. Put the cinnamon and ginger into the paper bag. Shake well. Put one clove-covered apple into the bag and shake until it is coated with spices. Remove the apple and shake it to get rid of the extra spices.



3. Knot one piece of ribbon around the apple. Knot the second piece around the apple at right angles to the first.



4. Knot two ends to form a loop and tie the other two ends into a bow. Hang the pomander to let it dry and harden. Then use it to scent a closet. Every few months, freshen the smell by shaking the pomander in a bag with more spices.

